

Discover Oscos-Eo

Oscos-Eo is a rural region in western Asturias, declared a Biosphere Reserve for its natural wealth, its well-maintained landscape, and its vibrant heritage. Although it's known for its mountains and forests, it also boasts a seaside setting: small beaches and coastal spots that complete a territory full of contrasts. Here, you can breathe authenticity: villages with soul, enduring traditions, and a way of life connected to the land. Come and discover it at your own pace.

Accommodations

Sleeping in Oscos-Eo is like relaxing surrounded by tranquility. Rural houses, family hotels, campsites, and charming accommodations nestled in nature await you.

[See the complete list here](#)





Restaurants

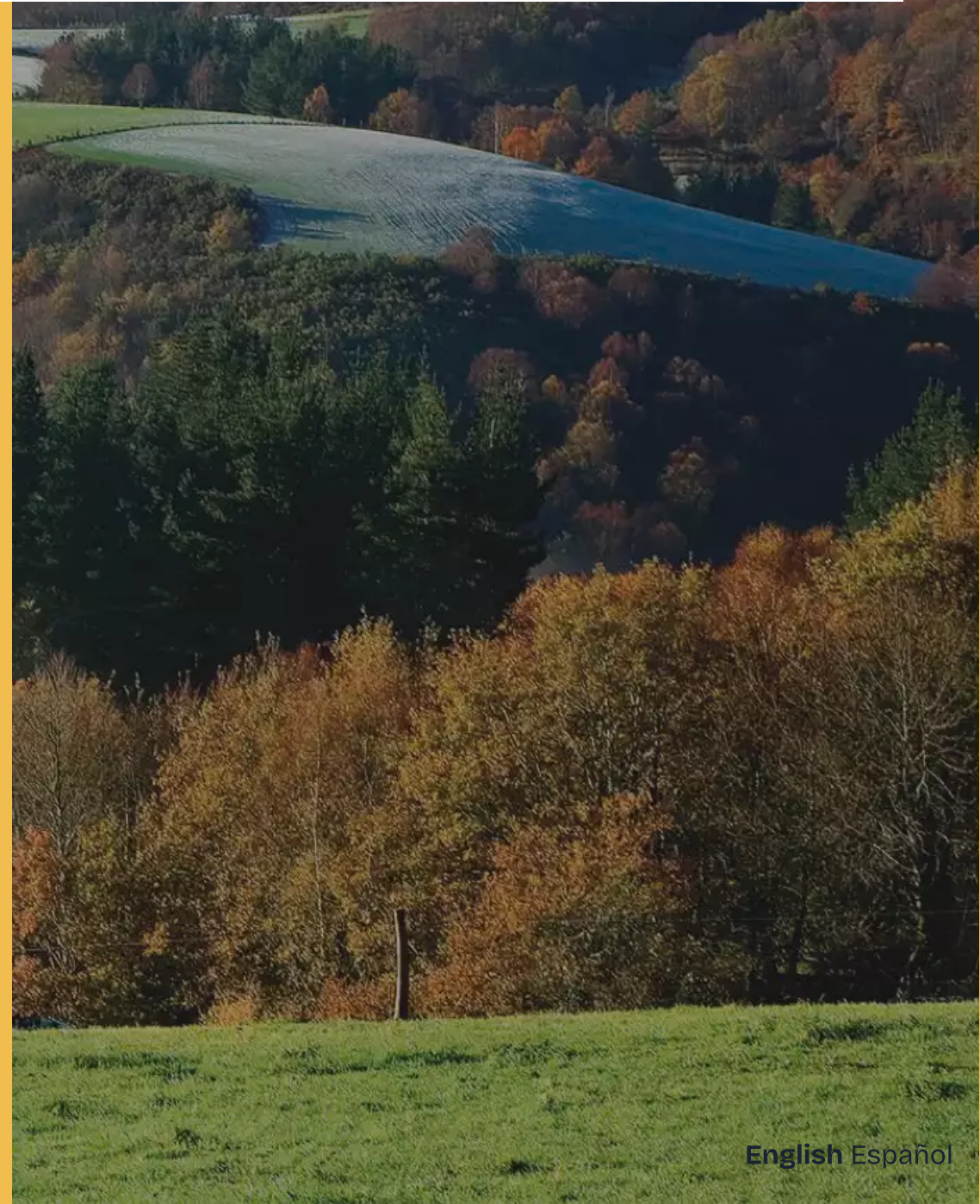
Gastronomy is an essential part of any trip. In the region, you can savor homemade dishes, local products, and traditional recipes served with hospitality.

[See restaurants](#)

What to visit

Museums, ethnographic sites, workshops, mills, waterfalls, trails, and villages that seem frozen in time. Oscos-Eo is a region to be discovered step by step.

[Check out the must-see places](#)





Active tourism

Oscos-Eo, a sea and mountain region declared a Biosphere Reserve, invites you to actively discover it. An authentic setting where nature and adventure go hand in hand. Come and experience it at your own pace.

[See activities](#)

Practical information and services

Before or during your trip, you can visit tourist offices and information points to obtain maps, tailored suggestions, and useful recommendations. You'll also find guidance on how to get there, navigate the area, and locate essential services such as pharmacies, medical centers, banks, and gas stations. Consult each municipality's website for the most up-to-date details.

CASTROPOL TOURIST OFFICE

Town Hall: Pl. del Ayuntamiento, 1

Tourist Office: Pl. del Ayuntamiento

985 635 001 / 684 602 408

oficinadeturismo@castropol.es

www.castropol.es

SAN MARTÍN DE OSCOS TOURIST OFFICE

Town Hall: Plaza de las Infantas, s/n

Tourist Office: Carretera General, s/n

985 62 60 00 / 615 37 57 01

ayuntamiento@sanmartindeoscosc.es

turismo@sanmartindeoscosc.es

www.sanmartindeoscosc.es

SAN TIRSO DE ABRES OFFICE

Town Hall: Avda. de Galicia, s/n

Tourist Office: Former Cultural Center

Avenida General Aranda s/n

985 634 402 / 613 161 732

administracion@santirsodeabres.es

santirsotur2@hotmail.com

www.santirsodeabres.es

SANTA EULALIA DE OSCOS TOURISM OFFICE

Plaza de Sargadelos, s/n

985 626 032 / 985 621 261

town_hall@santaetulaliadeoscosc.es

turismosantalla@yahoo.es

www.santaetulaliadeoscosc.es

TARAMUNDI TOURISM OFFICE

Calle Solleiro, 14

985 646 877

turismo@taramundi.net

www.taramundi.es

VEGADEO TOURIST OFFICE

Town Hall Square, s/n

624 126 706 / 985 634 022

oficinaturismo@vegadeo.net

www.vegadeo.es

TOURIST OFFICE OF VILLANUEVA DE OSCOS

Town Hall: Town Hall Square, s/n

Tourist Office: Bread Ecomuseum

985 62 60 84 / 686 422 446

oficinadeturismo@villanuevadeoscosc.es

www.villanuevadeoscosc.es

Gastronomy

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[Learn more](#)





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ceder oscos-eo
Centro para el desarrollo de la
Comarca Natural Oscos-Eo

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