

OSCOS-EO REGION

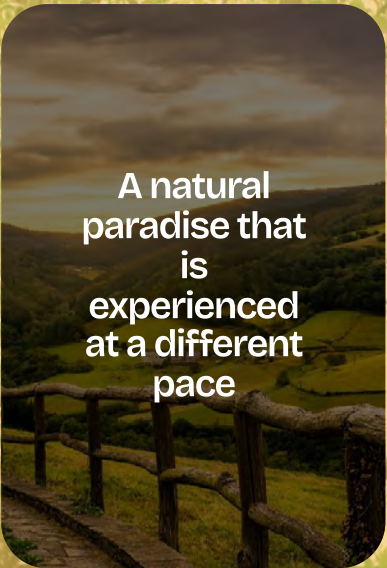
Rural tourism

and nature

01

02

03




A natural
paradise that
is
experienced
at a different
pace



Protected
areas with a
rural soul



Slow
experiences



Landscapes
that speak
to the heart



Practical
advice

01

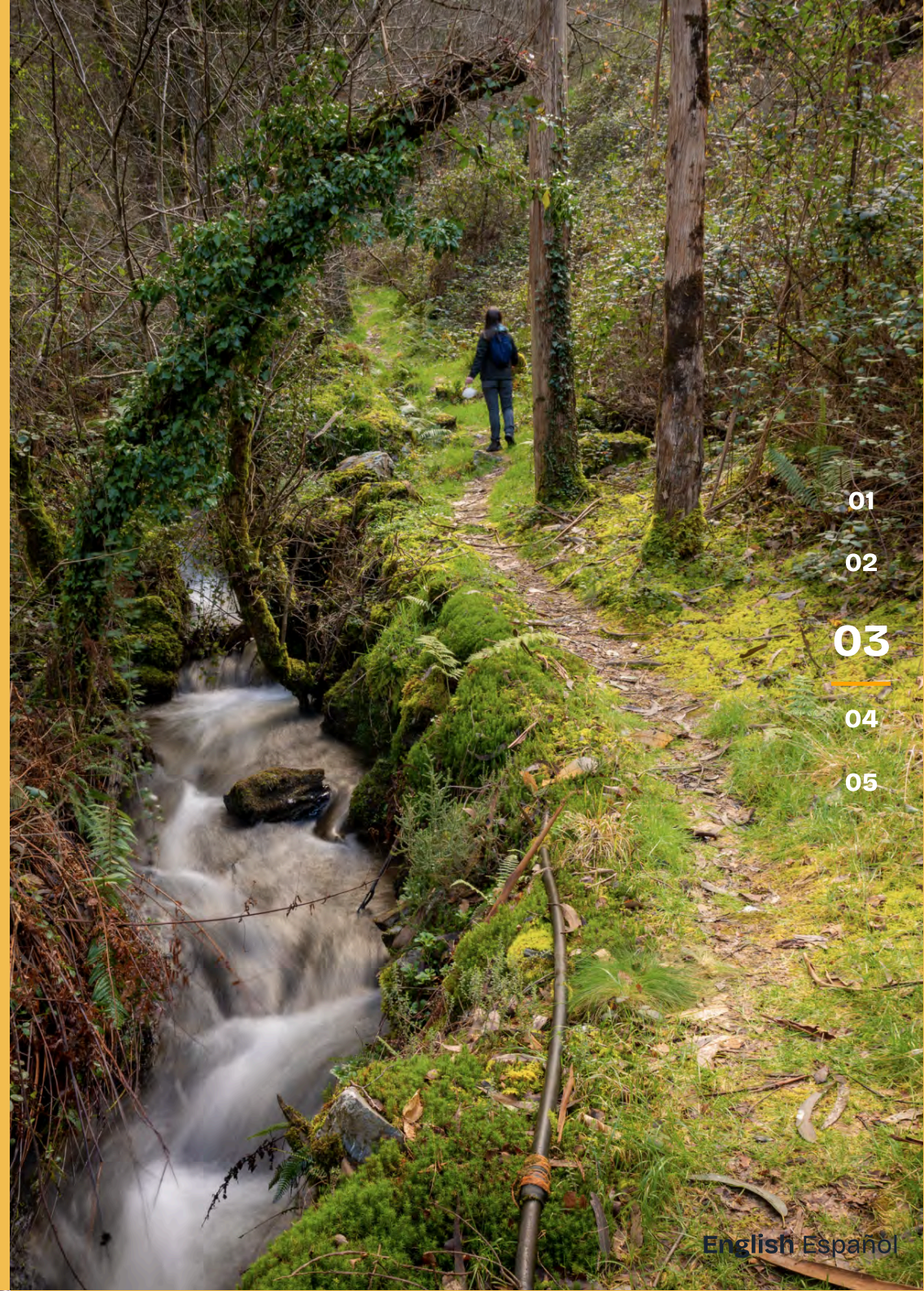
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A natural paradise that is experienced at a different pace

The **Oscos-Eo region** is a **haven of calm** where nature and rural life go hand in hand . **Forests, rivers, and gentle mountains** create a serene landscape, perfect for unwinding. Here, tourism is experienced slowly, valuing **traditional crafts** , authenticity, and contact with nature. Distinctions such as the **Biosphere Reserve** , the **Natura 2000 Network** , and **natural monuments** attest to its **environmental and scenic richness** .



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Landscapes that speak from the heart

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Oscos-Eo is a **land of gentle contrasts** : deep forests, rivers that whisper through valleys, mountains that hug the horizon, and beaches that touch the Asturian-Galician border. Here, every corner holds **silence and beauty** .

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Forests that embrace the landscape

The forests of Oscos-Eo envelop the land with their greenery and tranquility. From the **chestnut forests tended** for generations to the **beech and oak groves of the Biosphere Reserve**, every corner invites you to wander leisurely. On the banks of the Eo and Agüeira Rivers, the riparian forests accompany the flow of water. Cool paths, ancient trees, and natural silence make these landscapes **a refuge for walking, listening, and breathing deeply**.

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Rivers and valleys

The Eo River and its tributaries shape **fertile valleys teeming with life** . **Pools, waterfalls, old mills** , and peaceful paths emerge along its banks . The marshes near the estuary are ideal for **birdwatching** , while the **trails invite you to walk and discover the landscapes** at a leisurely pace. These river landscapes are also gateways to the sea, where the rural surroundings blend with the Atlantic breeze. **A perfect place to relax** .

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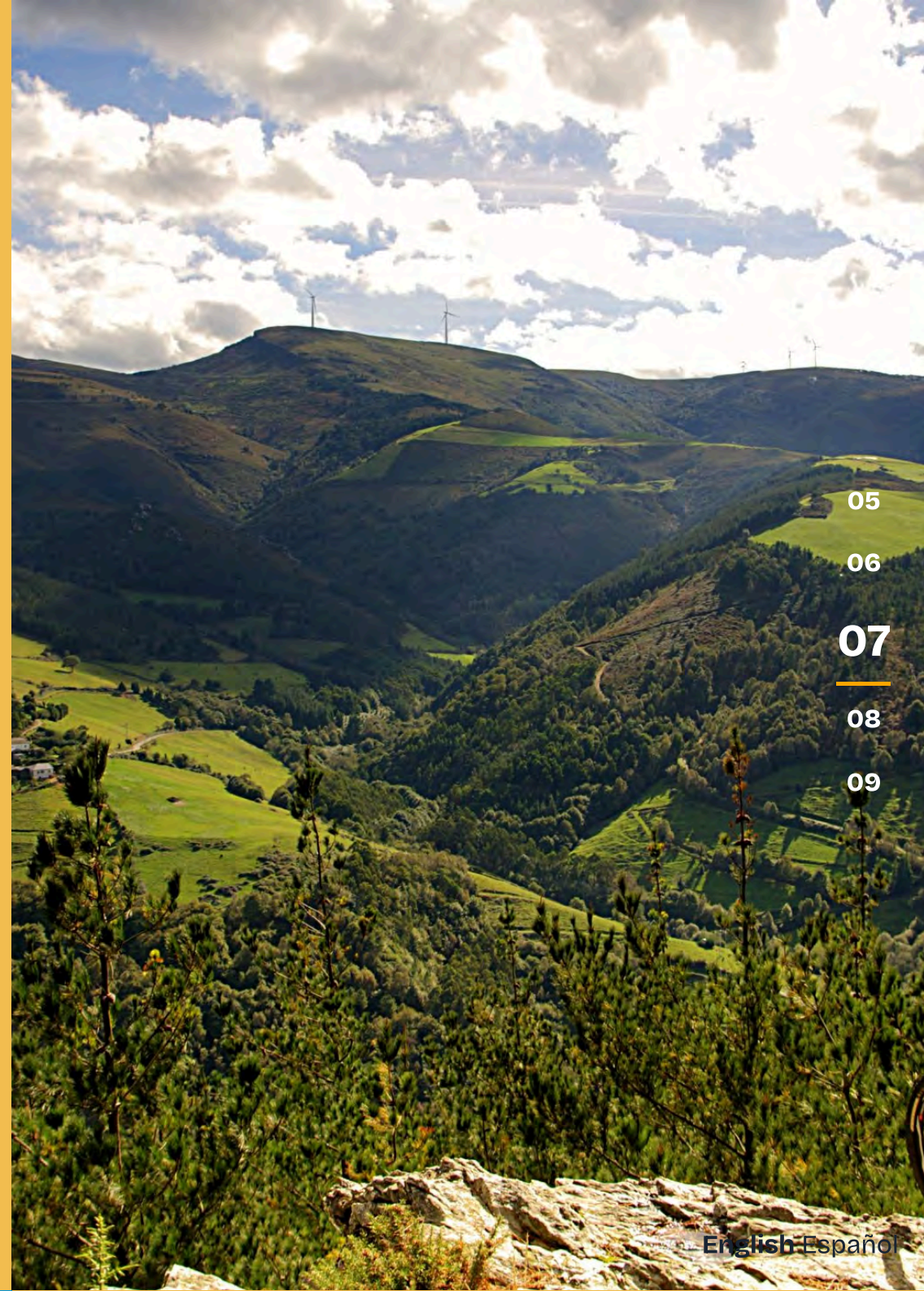
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Gentle mountains: Sierra de la Bobia and Sierra del Ouroso

There are no steep peaks in Oscos-Eo, but there are mountain ranges that offer open horizons and peaceful trails. The Sierra de la Bobia and Sierra del Ouroso allow you to connect with the land from above, with **trails for everyone** and panoramic views that deserve a pause.



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Beaches: Penarronda and Arnao

Just a stone's throw from the greenery, the coast is a surprise. Beaches like Penarronda, Arnao, and San Román preserve their **natural character** . **They are peaceful spaces, with dunes, marshes, and cliffs. The sound of the sea and the rural silence** blend along their shores , creating a perfect ending to any trip.

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Protected areas with a rural soul

Río Eo, Oscos and Terras de Burón Biosphere Reserve

Declared in **2007** , it covers 1,600 km² between Asturias and Galicia, where **the Eo River winds through oak and chestnut forests** . It's a natural refuge for wildlife such as wild boars and otters. A space of tradition, nature, and **sustainable** development , ideal for unwinding and enjoying unspoiled landscapes. More information on the website.

More information on [the website](#).

Partial Nature Reserve of the Eo Estuary

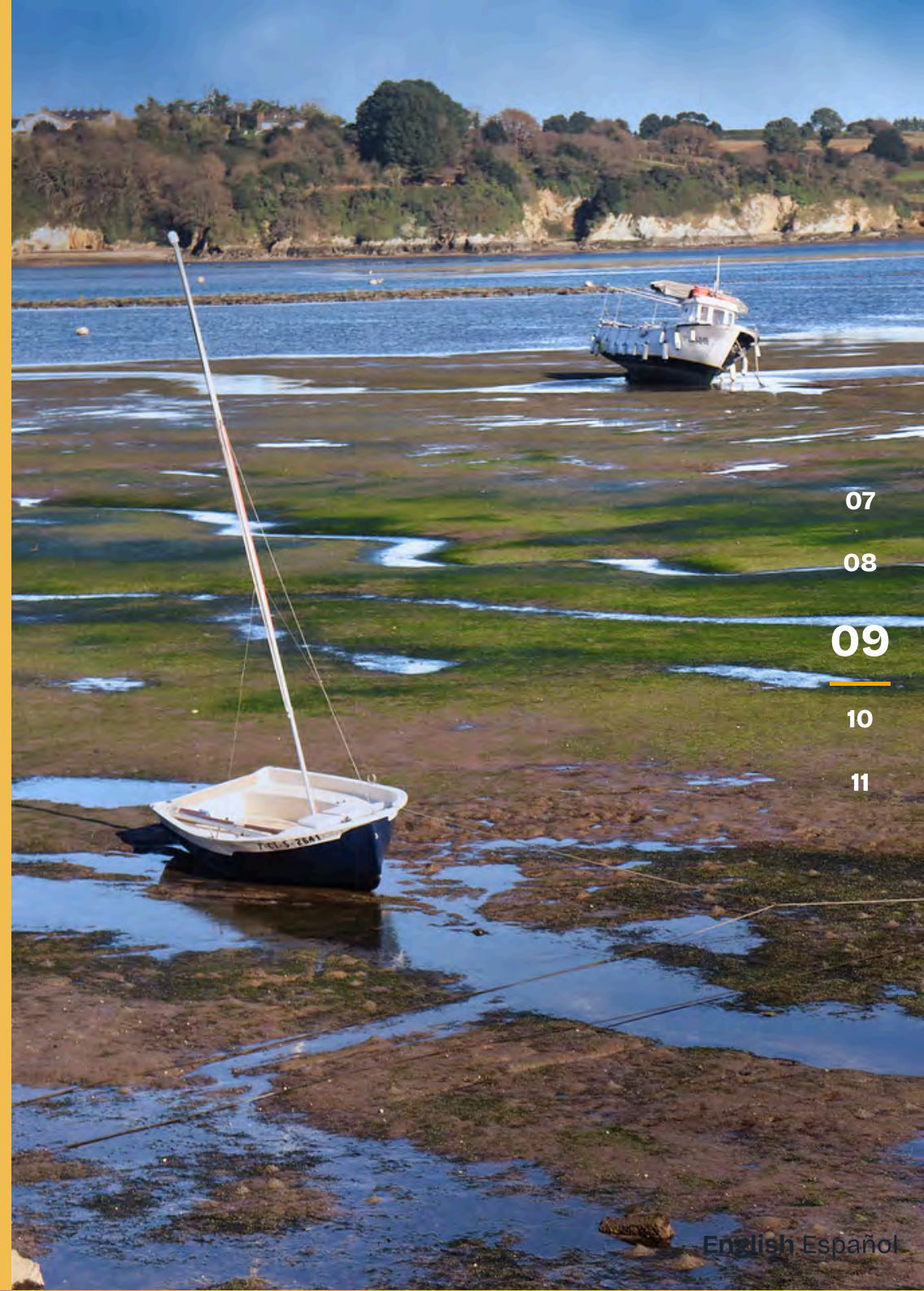
This estuary between Asturias and Galicia is a **unique ecosystem** where **river and sea waters** mix, creating a nutrient-rich biotope. Ideal for **migratory birds** and wildlife adapted to its fluctuations. Recognized as a **Special Protection Area for Birds (SPA)** and a **RAMSAR Wetland** , it is a **natural and ornithological paradise** . The estuary, with the Eo River, is a site of community interest, as is the Agüeira River basin.

More information on [the website](#) .

Penarronda Beach Natural Monument

Located in the **westernmost part of Asturias** , this **600 m beach** is famous for its **dunes and** unique biodiversity. It's home to endangered species such as the sea wallflower and the sea dogfish. Despite its deterioration due to tourism, the dune system is being restored. It is a **refuge for seabirds and otters** .

More information on [the website](#) .



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Slow experiences



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(Castropol) Castropol-Figueras Coastal Walk

Between marshes, windmills and wind-blown inlets, this route skirts the Eo estuary like someone strolling through a changing painting.

Easy - 6km (round trip) - natural and quiet

[More information](#)

(Saint Martin of Oscos) Route from Piorno to os Fornos

Highly recommended, as it preserves excellent examples of traditional Oscan architecture in stone, slate, and wood. Here, the landscape will surprise us with its contrasts between rugged and gentle, with its sounds: the Soutelo River, the birds, the abundant native vegetation, and the numerous wildlife.

Easy - 5.5 km round trip. Panoramic and peaceful.

[More information](#)

(Saint Eulalia of Oscos) Os Cortios Route

A route through riparian forests and ancient cortios, buildings that protected beehives from bears. Nature, history, and tradition make for an easy and enjoyable walk.

Easy – 8.5 km – ethnographic and natural

[More information](#)

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(Taramundi) Route of the Ferreiros

A walk through forests and ethnographic heritage. A journey into the world of blacksmiths. Along this route, you'll visit several artisanal cutlery workshops, as well as the Mazonovo Mill Museum, which also formerly served as the Mazo Mill. Near the end, a visit to the Taramundi Cutlery Museum will help you understand the importance of the legacy of the cutlery trade.

Easy – short (8 km) – full of history.

More information

(Taramundi) Os Cortios Route

Gentle, well-marked trails through the mountains, with open views that invite leisurely strolls. Ideal for a peaceful experience surrounded by nature.

Easy – 6.7 km – panoramic and quiet

More information

(Villanueva de Oscos) Bobia Route

A circular route with spectacular views from Somo Peak, charming villages, and vibrant Atlantic forests. Discover the essence of Oscos among the mountains.

Medium/High – 8 km – natural and authentic

More information

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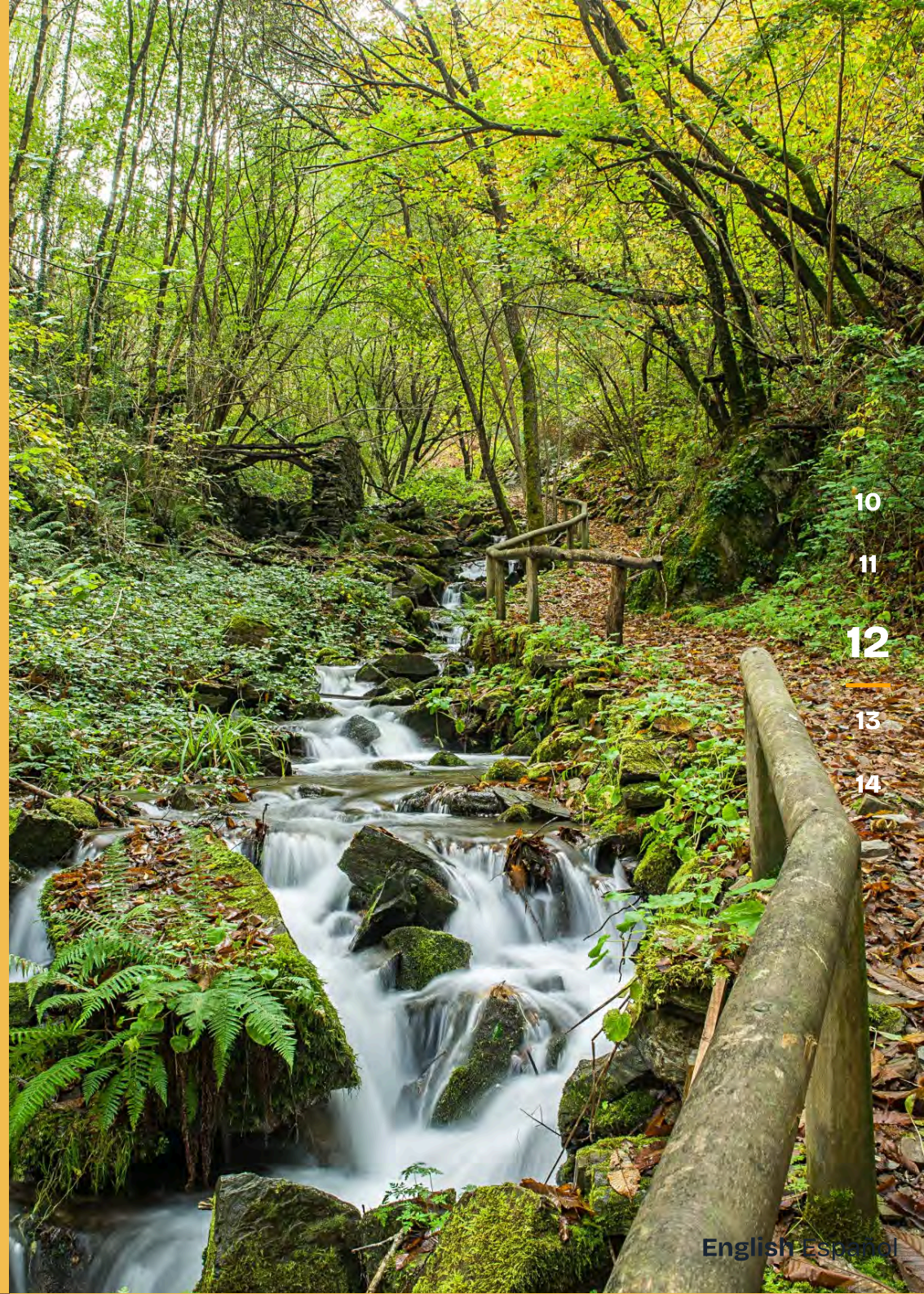
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Small pleasures that connect

At Oscos-Eo, everything invites you to **reconnect**. Walk among the trees, breathe in the **fresh air**, and feel surrounded by the **forest**. Relax under a starry sky, feel the fresh grass beneath your feet. Nature is close at hand; you just need to stop, breathe, and let the calm envelop you.



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Participate in rural life (craft trades)

At Taramundi, you can make your own pocket knife with the essential guidance of knife artisan **Francisco Vega**. This activity will allow you to feel like a "navalleiro" for a day. A unique experience that gives you the unique and practical opportunity to create your own pocket knife with the advice and help of a professional in the sector.

[More information](#)

In Santa Eulalia de Oscos, **Artesanamente** invites you to discover **ancient artisan trades** in a unique natural setting. You'll **learn how to make products** such as bread, cheese, craft beer, organic soaps, and traditional forging using **ancient techniques**. Enjoy an unforgettable experience, disconnect from urban stress, and connect with tradition while enjoying the rural landscape.

[More information](#)

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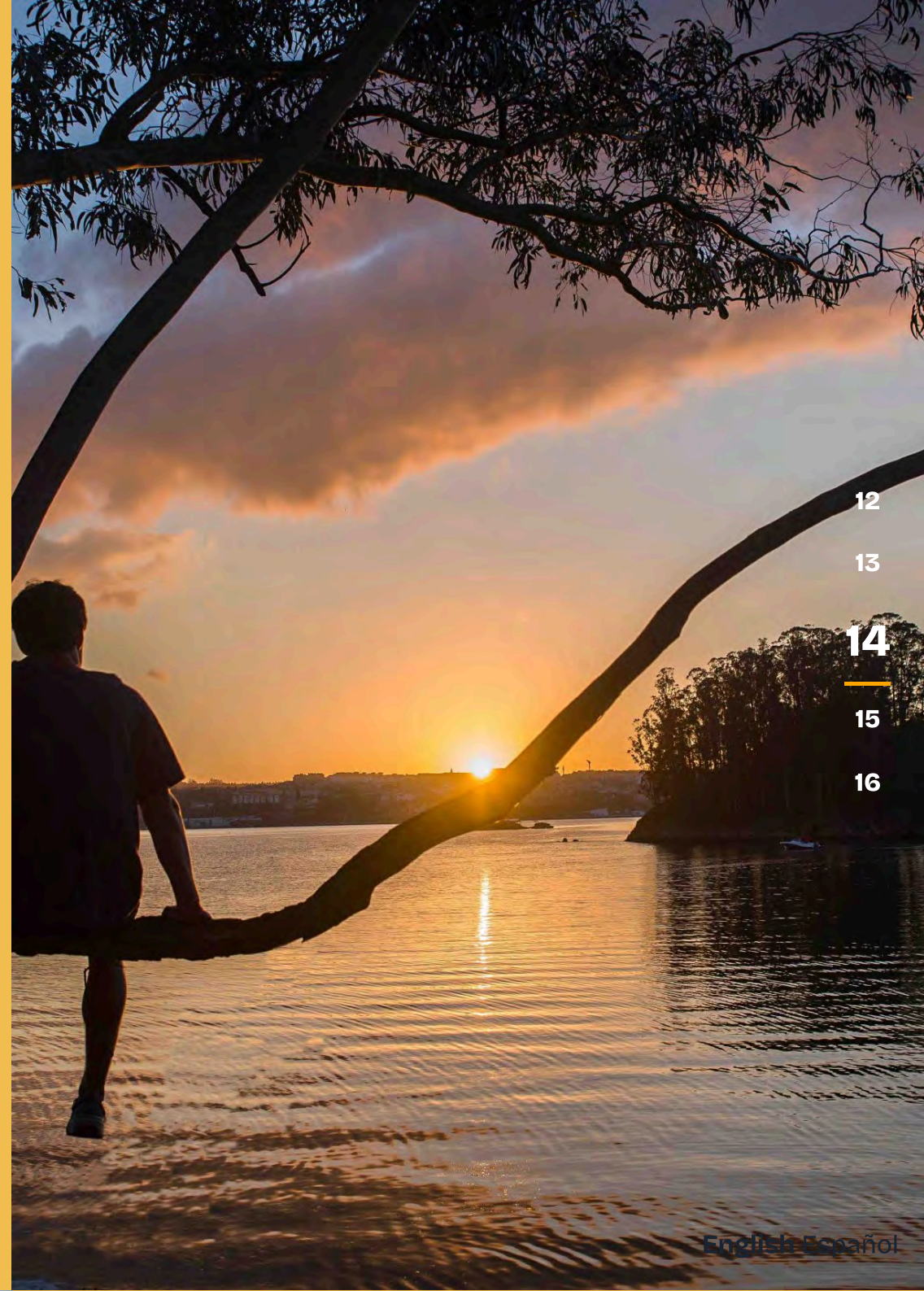
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Bird watching

The Eo estuary and its surroundings are a paradise for birdwatching, especially in **autumn** and winter and during **migrations** . Here you can spot mallards, common teals, wigeons, grey herons, little egrets, great cormorants, curlews, sandpipers, plovers, and spoonbills. The observatories of A Lieira, Salías, La Linera , and Vilavedelle, together with the **Eo Estuary Path** , the **Castropol-Figueas Coastal Path** , and the **Villadún lagoon** , offer privileged spots from which to enjoy birdlife in its natural habitat.



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Viewpoints of the Oscos-Eo Region

The region offers natural and landscaped viewpoints that capture the essence of its Atlantic landscape.

Castropol Viewpoints

- **Mirandilla**
- **Coastal viewpoints**
- **Monte Pousadoiro Viewpoint**

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Vegadeo Viewpoints

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Taramundi Viewpoints

+

Viewpoints of Villanueva de Oscos

+

Viewpoints of Santa Eulalia de Oscos

+

Viewpoints of San Martín de Oscos

+

[More information](#)

English [Español](#)



Viewpoints of the Oscos-Eo Region

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| Castropol Viewpoints | + | |
| Vegadeo Viewpoints | — | 13 |
| | | 14 |
| <ul style="list-style-type: none">Pandela ViewpointGalea Viewpoint | | 15 |
| | | 16 |
| Taramundi Viewpoints | + | 17 |
| Viewpoints of Villanueva de Oscos | + | |
| Viewpoints of Santa Eulalia de Oscos | + | |
| Viewpoints of San Martín de Oscos | + | |

More information



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| Castropol Viewpoints | + | |
| Vegadeo Viewpoints | + | 13 |
| Taramundi Viewpoints | – | 14 |
| <ul style="list-style-type: none">Penaboa ViewpointEiroá Viewpoint | | 15 |
| Viewpoints of Villanueva de Oscos | + | 16 |
| Viewpoints of Santa Eulalia de Oscos | + | 17 |
| Viewpoints of San Martín de Oscos | + | |

More information



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|---|---|----|
| Castropol Viewpoints | + | |
| Vegadeo Viewpoints | + | 13 |
| Taramundi Viewpoints | + | 14 |
| Viewpoints of Villanueva de Oscos | — | 15 |
| <ul style="list-style-type: none">• Viewpoint of the La Garganta port• Sierra de la Bobia Viewpoint• Balongo Peak | | 16 |
| Viewpoints of Santa Eulalia de Oscos | + | 17 |
| Viewpoints of San Martín de Oscos | + | |

More information



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|---|---|----|
| Castropol Viewpoints | + | |
| Vegadeo Viewpoints | + | 13 |
| Taramundi Viewpoints | + | 14 |
| Viewpoints of Villanueva de Oscos | + | 15 |
| Viewpoints of Santa Eulalia de Oscos | — | 16 |
| | | 17 |
| <ul style="list-style-type: none">• Seimeira Route• Brañavella• <u>Quintela Viewpoint</u> | | |
| Viewpoints of San Martín de Oscos | + | |

More information



Viewpoints of the Oscos-Eo Region

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| Castropol Viewpoints | + | |
| Vegadeo Viewpoints | + | 13 |
| Taramundi Viewpoints | + | 14 |
| Viewpoints of Villanueva de Oscos | + | 15 |
| Viewpoints of Santa Eulalia de Oscos | + | 16 |
| Viewpoints of San Martín de Oscos | — | 17 |

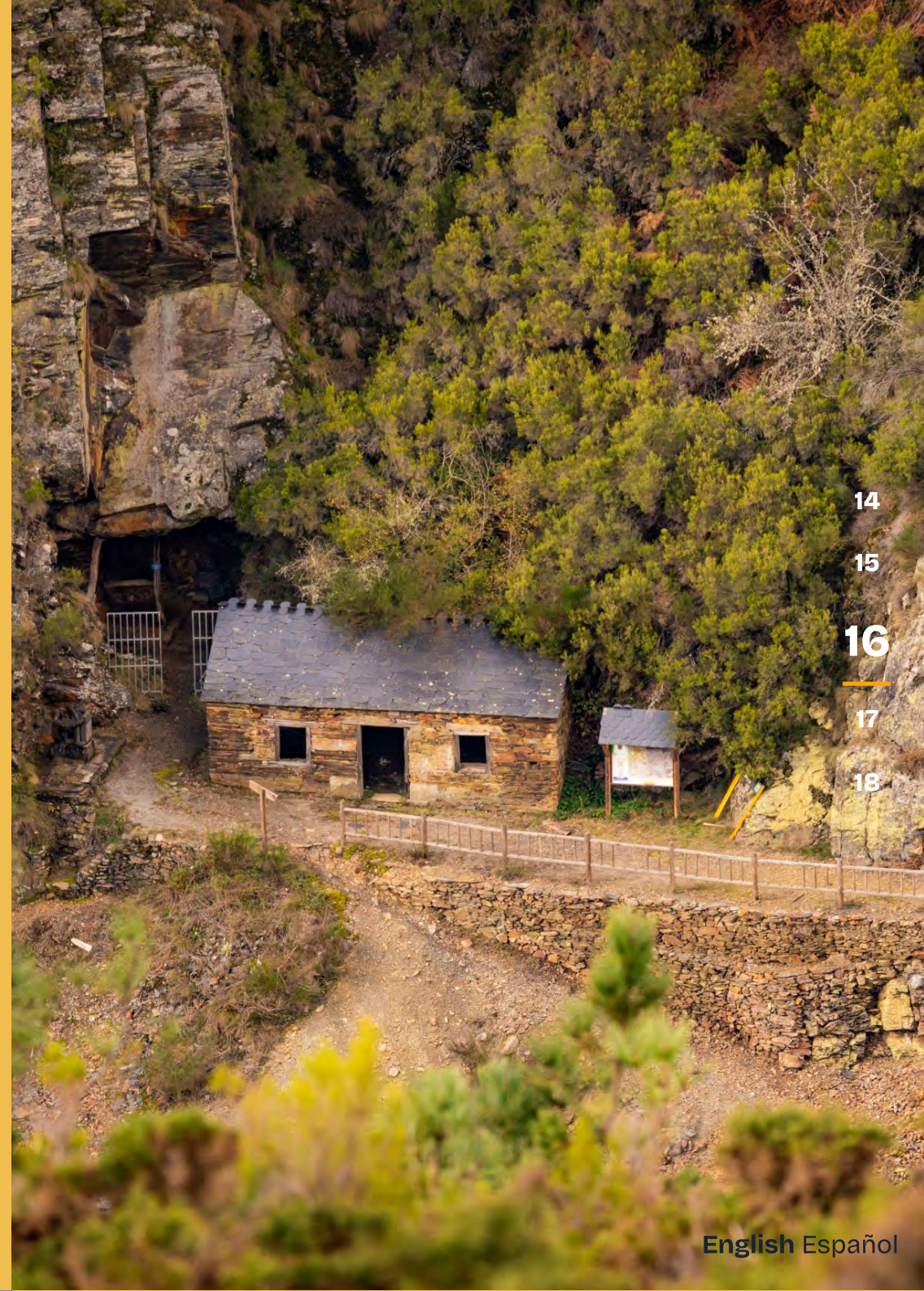
- Monte Marón Lookout
- Viewpoint of the Chapel of Santa Marina de Mon
- Viewpoint of the route from Piorno to Os Fornos
- Viewpoint of the Excommunicated

More information

Visitable mines in Oscos-Eo

Oscos-Eo preserves mining vestiges, some of which can now be explored on foot. In Villanueva, the most notable are **As Cárquivas** (Roman gold), **Busdemouros** (iron and copper), and **Peña Tascón**, where iron with lead and zinc was extracted. The loading bay, trench, wagons, railway, and galleries are still preserved. In San Martín, the **Carmina mine** preserves galleries; we can see drag ramps, sluice gates, a winch, and ore at the site itself. **Excomulgada** offers a marked trail; in San Martín, you can also visit the Arruñada mine, an ancient gold deposit exploited by the Romans, or visit the Peña Teixeira mine. In Santa Eulalia, the **As Talladas route** runs through mining remains among forests and leads you to the Carmina mine in the neighboring municipality of San Martín de Oscos. **History, landscape, and heritage** go hand in hand underground.

[More information](#)



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Recreational areas

The region offers natural and landscaped viewpoints that capture the essence of its Atlantic landscape.

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| Castropol recreational areas | + | |
| Recreational areas of Vegadeo | + | 15 |
| Taramundi Recreational Areas | + | 16 |
| Recreational areas of Villanueva de Oscos | + | 17 |
| Recreational areas of Santa Eulalia de Oscos | + | 18 |
| Recreational areas of San Martín de Oscos | + | |
| Recreational areas of San Tirso de Abres | + | |

More information

Motorhomes

If you're traveling by motorhome, Ocos-Eo is a perfect destination for you. We have several designated areas with basic amenities, located in natural settings and near charming towns. Check out the available options and enjoy a comfortable and peaceful stay surrounded by nature.

[More information](#)

Practical advice

- Dress in **comfortable clothing and appropriate footwear** .
- Bring sunscreen, insect repellent, and a waterproof jacket.
- **Respect nature** : keep trails clean and do not leave litter.
- Some points of interest require **advance reservation** . Find out about route accessibility and respect local environmental regulations, especially in protected areas.

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Información práctica

Información práctica para resolver cualquier duda durante tu estancia.

OFICINA DE TURISMO DE CASTROPOL

Ayuntamiento: Pl. del Ayuntamiento, 1

Oficina de Turismo: Pl. del Ayuntamiento

985 635 001 / 684 602 408

oficinadeturismo@castropol.es

www.castropol.es

OFICINA DE TURISMO DE SAN MARTÍN DE OSCOS

Ayuntamiento: Plaza de las Infantas, s/n

Oficina de turismo: Carretera General, s/n

985 62 60 00 / 615 37 57 01

ayuntamiento@sanmartindeoscosc.es

turismo@sanmartindeoscosc.es

www.sanmartindeoscosc.es

OFICINA DE SAN TIRSO DE ABRES

Ayuntamiento: Avda. de Galicia, s/n

Oficina de turismo: Antigua casa de cultura

Avenida general Aranda s/n

985 634 402 / 613 161 732

administracion@santirsodeabres.es

santirsotur2@hotmail.com

www.santirsodeabres.es

OFICINA DE TURISMO DE SANTA EULALIA DE OSCOS

Plaza de Sargadelos, s/n

985 626 032 / 985 621 261

ayuntamiento@santaetulaliadeoscosc.es

turismosantalla@yahoo.es

www.santaetulaliadeoscosc.es

OFICINA DE TURISMO DE TARAMUNDI

Calle Solleiro, 14

985 646 877

turismo@taramundi.net

www.taramundi.es

OFICINA DE TURISMO DE VEGADEO

Plaza del Ayuntamiento, s/n

624 126 706 / 985 634 022

oficinaturismo@vegadeo.net

www.vegadeo.es

OFICINA DE TURISMO DE VILLANUEVA DE OSCOS

Ayuntamiento: Plaza del Ayuntamiento, s/n

Oficina de turismo: Ecomuseo del Pan

985 62 60 84 / 686 422 446

oficinadeturismo@villanuevadeoscosc.es

www.villanuevadeoscosc.es

Alojamientos

Dormir en Oscos-Eo es descansar rodeado de tranquilidad. Casas rurales, hoteles familiares, campings y alojamientos con encanto integrados en la naturaleza te esperan.

Saber más

Restaurantes

La gastronomía forma parte esencial del viaje. En la comarca podrás saborear platos caseros, productos locales y recetas tradicionales servidas con hospitalidad.

Saber más





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GOBIERNO
DE ESPAÑA



Plan de Recuperación,
Transformación
y Resiliencia



Principado de
Asturias

Consejería de Presidencia,
Reto Demográfico,
Igualdad y Turismo



ceder OSCOS-EO
Centro para el desarrollo de la
Comarca Natural Oscos-Eo

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