

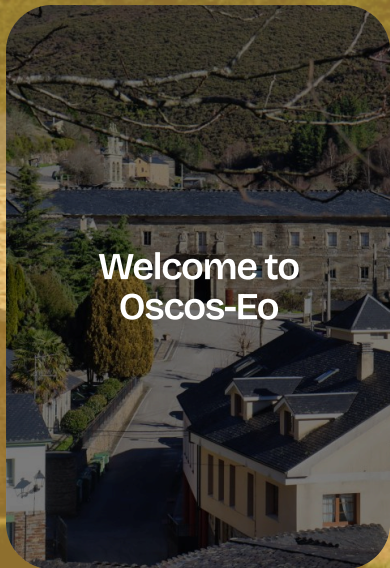
# OSCOS-EO REGION Charming villages

01

02

03





01

02

03

04



# Welcome to Oscos-Eo

Oscos-Eo is pulsating nature and a living memory. A region where the Eo Estuary unites sea and mountains, calm and character. Here, the granaries and cabazos hold ancient secrets, the monasteries whisper silence, and the landscape speaks unhurriedly. It is a land of authentic rural life, of traditions that aren't told: they are lived. Welcome to a world still made by hand, with time, with soul.







# How to get there and get around

02

03

04

05

06

Between mountains and rivers, Oscos-Eo winds its way through secondary roads that connect from Ribadeo, Puente Nuevo, Grandas de Salime, Boal, El Franco, and Tapia de Casanegro. Access is easy, but the experience begins as you travel. Hidden villages, forest paths, and unexpected viewpoints await you on every journey. Whether by car, bike, or on foot, getting around the region is part of the journey: everything invites you to stop, observe, and continue exploring.



# Castropol

Castropol is a place where the sea and the mountains meet in perfect harmony. Its charming historic center overlooks the Eo estuary, offering landscapes that invite tranquility. Amid stately homes, peaceful beaches, and green meadows, the town preserves a rich seafaring tradition and a vibrant culture. Castropol is not just visited, it is experienced: in its nature, its people, and the serenity of its hidden corners.

## What makes it special

Walking through Castropol is like walking through centuries. Its historic center, declared a Site of Cultural Interest, preserves stately homes, hidden gardens, and a soul that smells of the sea. A town that has managed to live to the rhythm of the tides and history. It was named an exemplary town in 1997.

[More information](#)



03

04

05

06

07



## Must-see or must-do

1. Stroll through its **historic center** and lose yourself among the charming streets; under the trees of Vicente Lorient Park, or look out from the Mirandilla **viewpoint** to contemplate the Eo estuary in all its splendor.
2. Experience a guided tour of the **oyster farm** , including tasting, to the rhythm of the tides.
3. Experience the freedom of sailing a lateen-sailed boat along the Eo Estuary. Let the wind fill the sails and gently guide you over the calm waters, while you enjoy unique landscapes where the sea blends with the sky.
4. Explore inland nature along **coastal trails and paths** along the estuary, or relax on its **tranquil beaches** .
5. **Figueras** , a small treasure within the Asturian landscape, stands out for its exceptional **natural beauty and unparalleled tranquility** . With pristine beaches of fine sand and trails that run through a protected environment, its connection to the sea is reflected not only in the local economy but also in its **festivals and celebrations** , where nautical traditions take center stage. **Figueras** thus preserves a maritime legacy that not only honors the past but also fosters the identity and future of the community.

## Top views or photos

1. The estuary from the church's viewpoint. The reflection of the town on the water. The ports of both Castropol and Figueras, the boats, the soft light that envelops everything.
2. Mount Pousadoiro is the highest point in the municipality of Castropol, offering impressive panoramic views of the western Asturian coast, the Eo estuary and the surrounding mountains

## Artisans or local products

Here, the knowledge of the sea is cultivated and transformed: oyster harvesting from the Eo, riverside carpentry, traditional fishing, and other enduring crafts such as artisanal candlemaking, basketry, and homemade canning. Expert hands keep traditions alive amidst nets, tides, and shared memories.

04

05

## Where to eat

Restaurants offer Asturian cuisine and local products.

[Find out here](#)

06

## Accommodations with soul

From old mansions to seaside cottages, Castropol offers relaxation with a sense of identity. [Choose your favorite spot](#) .

07

08

## Story of the place

Castropol also captivates with the legends that survive in popular memory and give life to its corners. From the depths of the Eo estuary to the inland forests, these stories continue to beat strongly. One of the best-known is the romantic and tragic legend of La Searila, a young woman who died of love and whose memory lives on among the streets of the old town. The Cioyo Waterfall hides the story of a lovelorn xana who, with her magic, saved a young shepherd from certain death, creating the pool that today crowns the waterfall. And beneath the calm waters of the estuary, whispers of the existence of sunken galleys, laden with treasures and secrets, guarded by time and legend.



# Saint Martin of Oscos

At 697 meters above sea level, between gentle mountains and lush forests, San Martín is the green heart of the Oscos.

## What makes it special

Slate houses, traditional crafts, and a natural setting invite you to linger. The Mon Palace and the 19th-century Church of San Martín de Oscos preserve centuries of living history. Next to the church, a traditional granary recalls Asturian architecture and the importance of rural life.

Slate houses, traditional crafts, and a natural setting that invites you to linger.

More information



05

06

07

08

09



# Must-see or must-do

- 1. Visit the **Mon Palace** in the village of Mon, a reflection of rural nobility. Declared a Site of Cultural Interest, this stately complex preserves the charm of the heraldic mansions and the weight of history in every corner.
- 2. Explore **the mines** that tell of their hidden past.
- 3. Discover **the forts** , a living trace of the ancient settlers.
- 4. Visit the Casa del Marco, a peasant house museum , in Villarquille.
- 5. **House of the Guzmanes** ,a Site of Cultural Interest of the Principality of Asturias.

## Top views or photos

Open views from the paths, stone facades, rural details, and scenes that change with the seasons.

Panoramic views of the western Asturian coast, the Eo estuary and the surrounding mountains



## Where to eat or shop

Restaurants offer Asturian cuisine and local products.

[Find out here](#)

## Accommodations with soul

Cozy rural cottages where silence, fire, and the landscape welcome you. [Choose your favorite spot](#) .

## Story of the place

In San Martín de Oscos, the Mon Palace is born from a legend of bravery and humility. A young man defeated a monster, and for his nobility, the king gave him this home of stone and memory.





# Saint Tirso de Abres

At 120 meters above sea level, San Tirso de Abres sits in a valley in the westernmost part of Asturias, surrounded by the Eo River and the Galician border.

## What makes it special

The last Asturian municipality before Galicia, it combines river landscapes with railway history and fishing tradition.

More information



07

08

09

10

11



## Must-see or must-do

1. Contemplate the views from El Llano.
2. Enjoy the recreational area and its river walk.
3. Travel the Railway Route, an old mining route next to the Eo

## Top views or photos

- Panoramic views from El Llano, tunnels and bridges of the Railway Route, river scenes from the Eo, the Eilale Hillfort and the Pena do Encanto Waterfall



## Artisans or local products

Fishing products and Easter breadsticks .

## Where to eat or shop

Restaurants offer Asturian cuisine and local products.

[Find out here](#)

## Accommodations with soul

Cozy rural houses and apartments where silence, the fire, and the landscape welcome you. You can also choose **camping or cabins**.

## Story of the place

At the A Pena do Encanto waterfall, an enchanted lady emerges on the night of San Juan, combing her golden hair with a silver comb, bewitching those who behold her.

08

09

10

11

12



# Saint Eulalia of Oscos

At 547 meters above sea level, Santa Eulalia de Oscos stretches between green valleys and lush forests, in the heart of the Oscos-Eo Biosphere Reserve.

## What makes it special

This municipality is a haven for traditional crafts and vibrant nature. The heritage of iron and wood is felt in every corner, from forging to beekeeping.

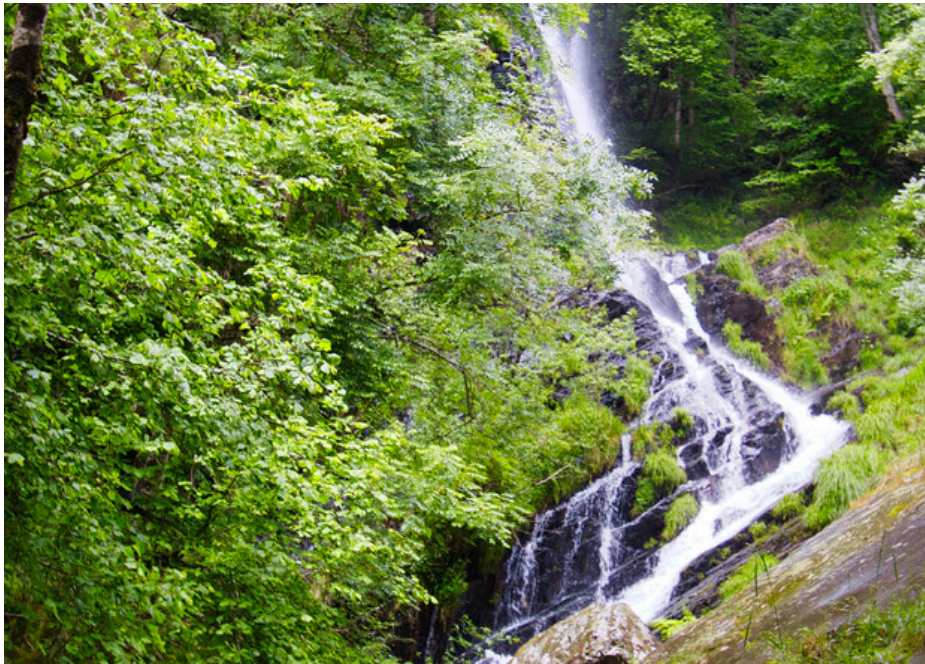
More information





## Must-see or must-do

1. Visit the [Birthplace Museum of the Marquis of Sargadelos](#) in Ferreirela de Baxo.
2. Explore the [Mazonovo Ethnographic Complex](#) , with its 18th-century hydraulic hammer.
3. Visit the village of Caraduxe and discover the [beekeeping industry](#) in Duxemiel.
4. Walk to Seimeira Waterfall, a waterfall over 30 meters high.



## Artisans or local products

Honey, handmade knives and beehive products made with traditional techniques

1. Visit the [Viduedo Farmhouse in As Poceiras](#) , with native breeds in danger of extinction.
2. Visit the [Hyottoko cutlery and artistic forging workshop-shop](#) .

## Where to eat

Restaurants offer Asturian cuisine and local products.

[Find out here](#)

## Accommodations with soul

Cozy rural cottages where silence, fire, and the landscape welcome you. [Choose your favorite spot](#) .

## Story of the place

The Valley of the Exile preserves the sorrow of a servant who, forced by his master, killed the village priest. Saved from hanging, he was condemned to live alone in the forests of Ancadeira. Today, amidst the xanas, goblins, and the Seimeira waterfall, the legend lives on, where a mermaid still mourns her lost love.



# Taramundi

## Location and altitude

At an altitude of 400 meters, Taramundi is located in western Asturias, between green mountains and deep valleys, and is the birthplace of traditional cutlery.

## What makes it special

Taramundi is synonymous with water and iron. Its hydraulic machines, cutlery workshops, and slate villages create a landscape where tradition lives on. It was a pioneer in rural tourism in Spain.

[More information](#)





# Must-see or must-do

- 1. Explore Os Teixois, [an ethnographic complex](#) with a mallet, mill and fulling mill.
- 2. Visit [the Mazonovo Mills Museum](#) , the largest in Spain.
- 3. Visit Os Esquíos and its [ethnographic collection museum](#) .
- 4. Walk through As Veigas, a village with traditional architecture.
- 5. Discover the Taramundi [Castro](#) , a remnant of ancient settlers.
- 6. Visit the [Taramundi Cutlery Museum](#), where ancient techniques and knowledge come together with new designs and materials.

## Top views or photos

Working mills, handmade knives, slate villages, and landscapes where water and greenery take center stage.



## Artisans or local products

Taramundi knives and pocket knives, artisanal cheeses, and products made with ancient techniques.

- 1. Visit the [Eo Leche Cheese Factory](#) and taste their artisanal cheeses.
- 2. Visit [cutlery workshops](#) and the [Cutlery Museum](#) .
- 3. Visit the [Craft Center](#) and the [Water House in Bres](#).

## Where to eat

Restaurants offer Asturian cuisine and local produce. [Discover it here](#).

## Accommodations with soul

Rural houses and traditional accommodations that combine comfort and authenticity, in settings where silence, scenery, and hospitality set the pace.

## Story of the place

In the village of Os Teixois, Taramundi, the elements merge with human ingenuity. Water, fire, earth, and air give life to a place where tradition forged self-sufficiency.



# Vegadeo

## Location and altitude

At 10 meters above sea level, Vegadeo is located at the mouths of the rivers Suarón, Monjardín and Eo, referring to that *Vegadeo, between rivers*.

## What makes it special

Vegadeo, also known as A Veiga, is a vibrant town that combines history, links to the Camino de Santiago, contemporary art, and nature. Highlights include the sculptures by César Montaña and the Path of the 12 Bridges.

[More information](#)





## Must-see or must-do

1. Explore the [12 Bridges Sculpture Trail](#) , featuring works by contemporary Asturian artists, and visit the works of renowned local sculptor César Montaña.
2. Visit [Piantón](#) , with its emblematic bridge, its square and the church of San Esteban.
3. Explore the villages of Paramios, Miou, and Abres, surrounded by nature and tradition.
4. Enjoy its architecture, the beautiful facades of the city center, Medal Park, the town's streets and squares, and its history and industrial heritage.
5. Attending the **weekly market and local fairs** is a vibrant way to get to know the region. In Vegadeo, an old town with a rich commercial tradition, this activity is still very present. Its historical importance as a center of trade is reflected in the **urban architecture** and a network of **local businesses** that still retain the regional pulse. Each market represents a meeting place, a flavor, and a living memory of the region.

## Top views or photos

The Piantón Bridge over the Suarón River, the outdoor sculptures, and the rural landscapes of the nearby villages.

## Artisans or local products

Agricultural products, local crafts and contemporary works of art.

## Where to eat

Restaurants offer Asturian cuisine and local produce. [Discover it here.](#)

## Accommodations with soul

Rural houses and traditional accommodations that combine comfort and authenticity. Surrounded by nature, surrounded by forests, silence, and valleys, Vegadeo offers a variety of options that combine old stately and colonial mansions, charming hotels, and modern offerings that combine sustainability and innovation.

[Choose your favorite spot .](#)

## Story of the place

### The House of Lastra: Pride and Legend of Vixande

High above Vixande, amidst green hills and the persistent murmur of the Eo River, stands a house that holds centuries of history and mystery: **Casa de Lastra** . Built in 1750, this rural palace was much more than a home: it was a small world unto itself. Chapel, mill, forge... nothing was missing beneath its tiles. But what truly sparks the imagination is its number of windows: **365** , one for every day of the year.

Legend has it that its grandeur aroused the envy of a king. Upon learning that in that corner of Asturias there was a house with more windows than the Royal Palace itself, he ordered some of them to be walled up so that the noble residence of Vegadeo would not overshadow the royal family. And so, between reality and myth, one of the council's most beloved stories was born. Today, Casa de Lastra remains a symbol of an era of splendor, local pride, and an architecture that sought to look to the sky as much as to the calendar. Walking through its grounds is like stepping back in time to a time when houses were not only inhabited, but also told stories that the wind still insists on repeating.



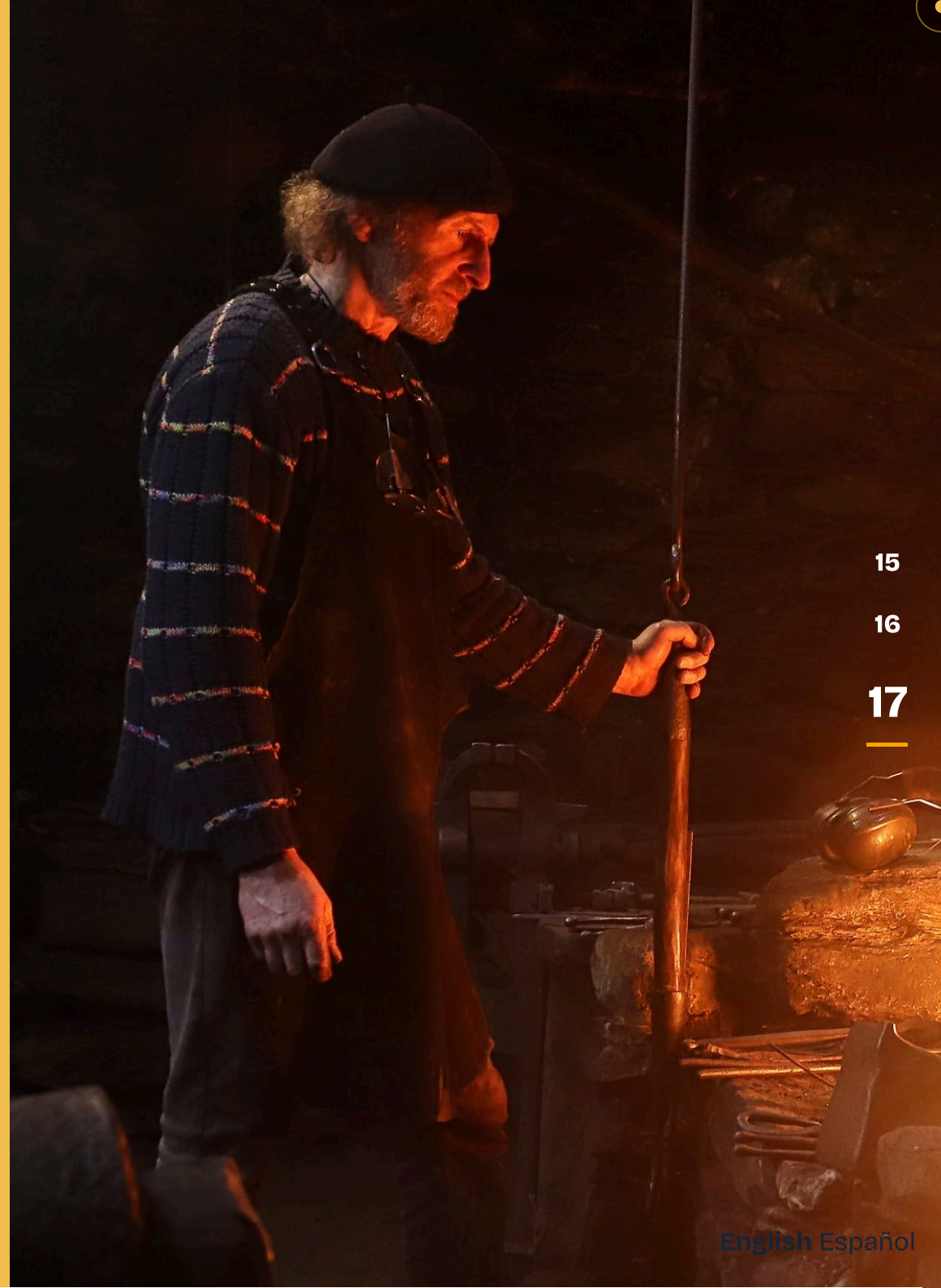
# Villanueva de Oscos

At 817 meters above sea level, Villanueva rises among the mountains and forests of western Asturias. It is the capital of the highest municipality in the Oscos region.

## What makes it special

A land of monasteries, stone villages, and unspoiled nature. Here, rural life thrives, amid freshly baked bread and historic trails.

[More information](#)



15

16

17



## Must-see or must-do

1. Visit the **Monastery of Santa María** in the town, a jewel of religious heritage.
2. Explore San Cristóbal, a village with traditional architecture and natural surroundings.
3. Visit Santa Eufemia, with its **Bread Ecomuseum** and Baroque chapel.
4. Stroll through Pacios, among stone, greenery and silence.

## Top views or photos

Bell towers among mists, valleys enclosed by chestnut trees, and the monastery cloister at dusk.



## Where to eat

Restaurants offer Asturian cuisine and local produce. [Discover it here.](#)

## Accommodations with soul

Village houses and rural accommodations nestled among mountains, history, and tranquility. [Choose your favorite spot.](#)

## Story of the place

On the *Dabilleira coast*, a Fala expression (Dabilleira slope in Spanish) (Santa Eufemia – Villanueva de Oscos), there is a hidden stone that reveals secrets to those who lie on it. They say it reveals the location of a treasure, if the heart knows how to look.





# Suggested routes through charming villages

## Castropol – Figueras Coastal Route

A leisurely stroll between two fishing villages, following the Eo Estuary and its living history. Shipwrights, oyster farms, old mills, and natural viewpoints accompany you on a journey filled with light, salt, and memories. And if it's summer, you might return... by sea.

**Type** : linear  
**Distance** : 8 km (round trip)  
**Duration** : 1 h 30 min  
**Difficulty** : medium-low  
**Suitable for** : pedestrian, bicycle

[More information](#)

## Green Path of San Martín de Oscos

A peaceful walk through oak, birch, and chestnut forests connects the town of San Martín with villages such as Louxedo and Deilán. Along the way, you can see ethnographic features such as wash houses, fountains, and an old cortín, as well as vestiges of local mining. The route offers sweeping views of the valley and allows you to discover the typical rural architecture of the area.

**Type**: circular  
**Distance**: 7.4 km  
**Duration**: 2 h 30 min  
**Difficulty**: Low

[More information](#)

## Eo Green Path (San Tirso Section)

The old mining train track is now an accessible path between nature, history, and the river. From A Antigua, the trail runs parallel to the Eo River, with old tunnels, footbridges, and rest areas. Ideal for cycling, walking, or gentle hiking.

**Type**: Linear  
**Distance**: 13 km (round trip)  
**Duration**: 2–3 h  
**Difficulty**: Very easy  
**Suitable for**: pedestrians, cyclists

[More information](#)

## Santa Eulalia de Oscos – A Seimeira Route

A trail that passes through native forests and traditional villages, culminating at the impressive A Seimeira waterfall. The route offers an immersive experience immersed in nature and local culture.

**Type**: linear  
**Distance**: 7 km (round trip)  
**Duration**: 2 h 30 min  
**Difficulty**: Low

[More information](#)



# Suggested routes through charming villages

## Water Route

A walk among live mills, fairytale forests, and villages that still smell of firewood. From Taramundi, the trail crosses Mazonovo, Os Teixois, and As Veigas, among waterfalls and still-pulsing hydraulic structures. Bres, with its craft center, completes this route where water works wood.

**Type** : circular  
**Distance** : 14 km  
**Duration** : 4–5 h  
**Difficulty** : low  
**Route** : PR-AS 17

[More information](#)

## The Black Market Route

A walk along ancient pilgrim and black marketer paths, between the banks of the Eo River and historic villages. From **Louteiro**, the route crosses **Abres**, with its old docks, and ascends through **Grandamiá** and **Sela de Murias**, where muleteers and travelers rested. Oaks, chestnut trees, and the Baroque **Pividal Palace** complete this journey through nature and memory.

**Type**: circular  
**Distance**: 8.2 km  
**Duration**: 2 h 30 min  
**Difficulty**: low  
**Route**: SL-AS 21

[More information](#)

## Bobia Route

A trail that winds through sleepy villages, open peaks, and forests that whisper stories. From Ponte de Penacoba, the path ascends to Pico del Somo, a natural balcony of the Oscos Mountains. After crossing San Cristóbal, Sela de Murias, and Murias, stone, silence, and memory accompany every step.

**Type** : circular  
**Distance** : 8 km  
**Duration** : 3 h  
**Difficulty** : medium/high  
**Route** : PR-AS 103

[More information](#)



# Información práctica

Información práctica para resolver cualquier duda durante tu estancia.

## OFICINA DE TURISMO DE CASTROPOL

*Ayuntamiento: Pl. del Ayuntamiento, 1*

*Oficina de Turismo: Pl. del Ayuntamiento*

985 635 001 / 684 602 408

[oficinadeturismo@castropol.es](mailto:oficinadeturismo@castropol.es)

[www.castropol.es](http://www.castropol.es)

## OFICINA DE TURISMO DE SAN MARTÍN DE OSCOS

*Ayuntamiento: Plaza de las Infantas, s/n*

*Oficina de turismo: Carretera General, s/n*

985 62 60 00 / 615 37 57 01

[ayuntamiento@sanmartindeoscos.es](mailto:ayuntamiento@sanmartindeoscos.es)

[turismo@sanmartindeoscos.es](mailto:turismo@sanmartindeoscos.es)

[www.sanmartindeoscos.es](http://www.sanmartindeoscos.es)

## OFICINA DE SAN TIRSO DE ABRES

*Ayuntamiento: Avda. de Galicia, s/n*

*Oficina de turismo: Antigua casa de cultura*

*Avenida general Aranda s/n*

985 634 402 / 613 161 732

[administracion@santirsodeabres.es](mailto:administracion@santirsodeabres.es)

[santirsotur2@hotmail.com](mailto:santirsotur2@hotmail.com)

[www.santirsodeabres.es](http://www.santirsodeabres.es)

## OFICINA DE TURISMO DE SANTA EULALIA DE OSCOS

*Plaza de Sargadelos, s/n*

985 626 032 / 985 621 261

[ayuntamiento@santaetulaliadeoscos.es](mailto:ayuntamiento@santaetulaliadeoscos.es)

[turismosantalla@yahoo.es](mailto:turismosantalla@yahoo.es)

[www.santaetulaliadeoscos.es](http://www.santaetulaliadeoscos.es)

## OFICINA DE TURISMO DE TARAMUNDI

*Calle Solleiro, 14*

985 646 877

[turismo@taramundi.net](mailto:turismo@taramundi.net)

[www.taramundi.es](http://www.taramundi.es)

## OFICINA DE TURISMO DE VEGADEO

*Plaza del Ayuntamiento, s/n*

624 126 706 / 985 634 022

[oficinaturismo@vegadeo.net](mailto:oficinaturismo@vegadeo.net)

[www.vegadeo.es](http://www.vegadeo.es)

## OFICINA DE TURISMO DE VILLANUEVA DE OSCOS

*Ayuntamiento: Plaza del Ayuntamiento, s/n*

*Oficina de turismo: Ecomuseo del Pan*

985 62 60 84 / 686 422 446

[oficinadeturismo@villanuevadeoscos.es](mailto:oficinadeturismo@villanuevadeoscos.es)

[www.villanuevadeoscos.es](http://www.villanuevadeoscos.es)



# Alojamientos

Dormir en Oscos-Eo es descansar rodeado de tranquilidad. Casas rurales, hoteles familiares, campings y alojamientos con encanto integrados en la naturaleza te esperan.

Saber más



# Restaurantes

La gastronomía forma parte esencial del viaje. En la comarca podrás saborear platos caseros, productos locales y recetas tradicionales servidas con hospitalidad.

[Saber más](#)







Financiado por  
la Unión Europea  
NextGenerationEU



GOBIERNO  
DE ESPAÑA



Plan de Recuperación,  
Transformación  
y Resiliencia



Principado de  
Asturias

Consejería de Presidencia,  
Reto Demográfico,  
Igualdad y Turismo



**ceder oscos-eo**  
Centro para el desarrollo de la  
Comarca Natural Oscos-Eo

*Fotos del archivo fotográfico del «CEDER Oscos-Eo» y de «Turismo Asturias».*